

FIT BITS



KEY FEATURES

- Get Kids Moving** — Activities take 10-15 minutes and get students up and moving for brief classroom breaks.
- Personal/Social Themes** — Books reinforce four themes, such as respect for others and cooperation.
- Nutrition Themes** — Messages about variety, fruits/veggies, healthy snacks, and food safety are included.
- Animation and Music CD** — A CD (included with purchase of each Fit Bits book) can be used in the computer for viewing animations of activities or played in a CD player for music to accompany activities.

Each 8½" x 5½" Fit Bits book has forty 10- to 15-minute activities targeted at a single grade. Twenty activities for each grade target personal/social skills and twenty focus on nutrition messages. Kindergarten, first and second grades emphasize **following directions, best effort, cooperation** and **compassion for others** with five activities per theme. Third, fourth and fifth grades focus on **self-control, respect for others, responsibility** and **constructive competition**, also with five activities per theme. The nutrition activities in each grade encompass **variety/trying new foods, fruits/vegetables, healthy snacks** and **food safety**.

Description	Unit Price (circle one)		Qty	Total Price
	book & CD	book, CD & posters		
Kindergarten	\$50	\$80		
Grade One	\$50	\$80		
Grade Two	\$50	\$80		
Grade Three	\$50	\$80		
Grade Four	\$50	\$80		
Grade Five	\$50	\$80		
All grades (K-5)	\$280	\$455		
Fruit & veggie aids	\$72			

Subtotal

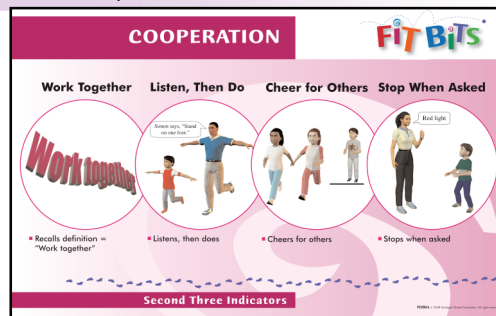
If in AZ, CT, CA, GA, MI, NC, NY, or WA enter sales tax rate here: _____ (multiply subtotal by this rate & write here). →

If tax exempt, check here & submit tax exempt certificate with order.

Add 10% shipping and handling

TOTAL

Also suggested for purchase are 12 colorful, 11" x 17" non-tear posters that reinforce the personal/social behaviors expected of students in each grade and a set of 24 fruit and veggie learning aids to reinforce the nutrition concepts.



Name: _____ School District: _____
 Home Address: _____ School Name: _____
 City: _____ State: _____ Zip: _____ School Address: _____
 e-mail: _____ City: _____ State: _____ Zip: _____
 Home Phone: _____ School Phone: _____

Method of Payment: Purchase Order/Check (attached; make checks payable to EPEC)
 VISA/MC: acct. # _____ expiration: _____
 signature _____

Fax order form to: 1-517-347-8145

Call with questions: 1-877-464-3732

For more info: www.EPEC4kids.com or view the EPEC electronic catalog

Materials will be shipped to your school address. If you would like them shipped to your home address, check here.