

## ***Mentoring: A Running Start 2008***

### **Mentor Acknowledgement:**

As a part of the *Mentoring: A Running Start* program, I agree:

1. that if selected, I commit to appropriately training for and participating in a 5K (3.2 mile) race.
2. that to the best of my knowledge, based on the advice of my personal physician, I am in reasonably good health and physically capable of participating in the training required for a 3.2-mile run. (If selected, evidence of good health may be requested.)
3. to have my information given in this application published or provided to the media.
4. that the Governor's Council on Physical Fitness and the Michigan Fitness Foundation, their legal representatives, successors or assigns, have the right to copyright, publish, use, sell or assign any and all videotapes, films, photos, television spots and/or sound recordings, they have taken or made of me during my participation in this program. I waive all claims for any compensation for such use or damages and any right to inspect and/or approve the finished product.
5. that I assume all risks associated with my participation in the Mentoring: A Running Start 2008 program and waive any claim that I might otherwise have against any person or organization described in this paragraph arising out of my participation. Having read this disclaimer and by signing my name below, I agree to abide by all and any of the rules for the Mentoring: A Running Start program, written or verbal, and agree to defend and hold harmless the Governor's Council on Physical Fitness, Health and Sports, the Michigan Fitness Foundation, any event sponsors, and volunteers or employees from any liability or damages of any kind arising out of my participation in the Mentoring: A Running Start program.

I hereby warrant that I am of full age and have every right to make this agreement in my own name in the above regard. I state further that I have read the above authorization and release, prior to its execution, and that I am fully familiar with the contents thereof.

\_\_\_\_\_  
Mentor signature

\_\_\_\_\_  
Print mentor name

\_\_\_\_\_  
Date

**Mentee Acknowledgement (to be signed by parent/legal guardian and mentee):**

My son/daughter/ward, \_\_\_\_\_, is part of an application to participate in the *Mentoring: A Running Start* program. As part of this program I agree:

1. that he/she has my permission to participate in a 5K (3.2 mile) race.
2. that if selected, he/she commits to appropriately training for and participating in a 5K (3.2 mile) race.
3. that to the best of my knowledge, based on the advice of his/her personal physician, he/she is in reasonably good health and physically capable of participating in the training required for a 3.2-mile run. (If selected, evidence of good health may be requested.)
4. to have his/her information given in this application published or provided to the media.
5. that the Governor's Council on Physical Fitness and the Michigan Fitness Foundation, their legal representatives, successors or assigns, have the right to copyright, publish, use, sell or assign any and all videotapes, films, photos, television spots and/or sound recordings, they have taken or made of him/her during his/her participation in this program. I waive all claims for any compensation for such use or damages and any right to inspect and/or approve the finished product.
6. that he/she assumes all risks associated with his/her participation in the Mentoring: A Running Start 2008 program and waive any claim that he/she might otherwise have against any person or organization described in this paragraph arising out of his/her participation. Having read this disclaimer and by signing my name below, he/she agrees to abide by all and any of the rules for the Mentoring: A Running Start program, written or verbal, and agrees to defend and hold harmless the Governor's Council on Physical Fitness, Health and Sports, the Michigan Fitness Foundation, any event sponsors, and volunteers or employees from any liability or damages of any kind arising out of my participation in the Mentoring: A Running Start program.

I hereby warrant that I am the parent/legal guardian of \_\_\_\_\_ and have every right to make this agreement in his/her name in the above regard. I state further that I have read the above authorization and release, prior to its execution, and that I am fully familiar with the contents thereof.

\_\_\_\_\_  
Parent/legal guardian signature

\_\_\_\_\_  
Print parent/legal guardian name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Mentee signature

\_\_\_\_\_  
Print mentee name

\_\_\_\_\_  
Date

**When completed, please  
Fax to 517-347-8145  
OR mail to  
Governor's Council on Physical Fitness, P.O. Box 27187, Lansing, MI 48909  
Page 2 of 2**