

TERM 3

Kindergarten	Step	Grade 1	Step	Grade 2	Step	Grade 3	Step	Grade 4	Step	Grade 5	Step
Lesson K-27		Lesson 1-27		Lesson 2-27		Lesson 3-27		Lesson 4-27		Lesson 5-27	
Cooperation	1	Cooperation	1	Cooperation	1	Respect Others	1	Respect Others	1	Respect Others	1
Aerobic Fitness	4	Aerobic Fitness	5	Aerobic Fitness	7	Aerobic Fitness	9	Aerobic Fitness	10	Aerobic Fitness	11
Hip Flexibility	4	Hip Flexibility	4	Hip Flexibility	4						
Lesson K-28		Lesson 1-28		Lesson 2-28		Lesson 3-28		Lesson 4-28		Lesson 5-28	
Cooperation	2	Cooperation	2	Cooperation	2, 3	Forehand Strike	1, 2	Forehand Strike	1-5	Forehand Strike	6-8
Gallop	1	Gallop	2, 3	Gallop	5	Ab/Low Back Str.	1, 2				
Lesson K-29		Lesson 1-29		Lesson 2-29		Lesson 3-29		Lesson 4-29		Lesson 5-29	
Cooperation	3	Cooperation	3	Cooperation	4	Respect Others	2	Respect Others	2	Respect Others	2, 3
Gallop	1, 2	Gallop	4	Gallop	5, 6	Forehand Strike	1-3	Forehand Strike	3, 4	Forehand Strike	7, 8
Lesson K-30		Lesson 1-30		Lesson 2-30		Lesson 3-30		Lesson 4-30		Lesson 5-30	
Gallop	2, 3	Gallop	4, 5	Gallop	6	Respect Others	3	Respect Others	3	Respect Others	4
Hand Dribble	1	Hand Dribble	1, 2	Hand Dribble	3	Forehand Strike	3, 4	Forehand Strike	4, 5	Forehand Strike	8, 9
Lesson K-31		Lesson 1-31		Lesson 2-31		Lesson 3-31		Lesson 4-31		Lesson 5-31	
Gallop	3, 4	Gallop	5	Gallop	6	Hand Dribble	1-4	Hand Dribble	4-6	Hand Dribble	6, 7
Hand Dribble	1, 2	Hand Dribble	1-3	Hand Dribble	3						
Lesson K-32		Lesson 1-32		Lesson 2-32		Lesson 3-32		Lesson 4-32		Lesson 5-32	
Hand Dribble	1-3	Hand Dribble	3	Hand Dribble	3, 4	Benefits of PA	1-5	Benefits of PA	6, 7	Benefits of PA	6-9
Aerobic Fitness	4	Benefits of PA	1	Benefits of PA	1-4	Hand Dribble	3, 4	Hand Dribble	5, 6	Hand Dribble	6, 7
Hip Flexibility	4										
Lesson K-33		Lesson 1-33		Lesson 2-33		Lesson 3-33		Lesson 4-33		Lesson 5-33	
Hand Dribble	1, 2, 3	Hand Dribble	3	Hand Dribble	4	Hand Dribble	4, 5	Hand Dribble	6, 7	Hand Dribble	7
Slide	1	Slide	3	Slide	4	Forehand Strike	4	Forehand Strike	6, 7	Forehand Strike	9
Lesson K-34		Lesson 1-34		Lesson 2-34		Lesson 3-34		Lesson 4-34		Lesson 5-34	
OPEN		Benefits of PA	1, 2	Benefits of PA	5	Benefits of PA	6, 7	Benefits of PA	8, 9	Benefits of PA	10, 11
		Slide	3, 4	Slide	5	Forehand Strike	4, 5	Forehand Strike	7, 8	Forehand Strike	9
Lesson K-35		Lesson 1-35		Lesson 2-35		Lesson 3-35		Lesson 4-35		Lesson 5-35	
Slide	1, 2	Benefits of PA	2, 3	Benefits of PA	5, 6	Underhand Strike	1-3	Underhand Strike	3, 4	Underhand Strike	4, 5
Underhand Strike	1	Underhand Strike	1	Underhand Strike	1-3						
Lesson K-36		Lesson 1-36		Lesson 2-36		Lesson 3-36		Lesson 4-36		Lesson 5-36	
Slide	3	Slide	4	Slide	5	Hand Dribble	5, 6	Hand Dribble	7, 8	Hand Dribble	8
Underhand Strike	1	Underhand Strike	1, 2	Underhand Strike	3, 4	Underhand Strike	3, 4	Underhand Strike	4, 5	Underhand Strike	5, 6
Lesson K-37		Lesson 1-37		Lesson 2-37		Lesson 3-37		Lesson 4-37		Lesson 5-37	
Slide	3	Slide	5	Slide	6	Forehand Strike	5, 6	Forehand Strike	8	Forehand Strike	10
Underhand Strike	1, 2	Underhand Strike	2, 3	Underhand Strike	3, 4	Arm/Shoulder Str.	1, 2	Arm/Shoulder Str.	1, 2	Arm/Shoulder Str.	2
						Ab/Low Back Str.	3	Ab/Low Back Str.	4	Ab/Low Back Str.	6
Lesson K-38		Lesson 1-38		Lesson 2-38		Lesson 3-38		Lesson 4-38		Lesson 5-38	
Underhand Strike	2	Benefits of PA	3, 4	Benefits of PA	6, 7	Benefits of PA	6, 7	Benefits of PA	8, 9	Benefits of PA	10, 11
Aerobic Fitness	5	Underhand Strike	3, 4	Underhand Strike	4	Underhand Strike	4	Underhand Strike	5	Underhand Strike	6
Hip Flexibility	4										