

TERM 4

Kindergarten	Step	Grade 1	Step	Grade 2	Step	Grade 3	Step	Grade 4	Step	Grade 5	Step
Lesson K-39		Lesson 1-39		Lesson 2-39		Lesson 3-39		Lesson 4-39		Lesson 5-39	
Compassion	1	Compassion	1	Compassion	1	Competition	1	Competition	1	Competition	1
Aerobic Fitness	5	Aerobic Fitness	6	Aerobic Fitness	8	Aerobic Fitness	10	Aerobic Fitness	11	Aerobic Fitness	13
Hip Flexibility	4	Hip Flexibility	4	Hip Flexibility	4						
Lesson K-40		Lesson 1-40		Lesson 2-40		Lesson 3-40		Lesson 4-40		Lesson 5-40	
Compassion	2	Compassion	2	Compassion	2, 3	Catch Fly Balls	1-5	Catch Fly Balls	5-7	Catch Fly Balls	7, 8
Catch Fly Balls	1, 2	Catch Fly Balls	2, 3	Catch Fly Balls	2, 3						
Lesson K-41		Lesson 1-41		Lesson 2-41		Lesson 3-41		Lesson 4-41		Lesson 5-41	
Compassion	3	Compassion	3	Compassion	4	Competition	2	Competition	2	Competition	2, 3
Catch Fly Balls	1-3	Catch Fly Balls	2, 3	Catch Fly Balls	3, 4	Catch Fly Balls	4, 5	Catch Fly Balls	5-7	Catch Fly Balls	7, 8
Lesson K-42		Lesson 1-42		Lesson 2-42		Lesson 3-42		Lesson 4-42		Lesson 5-42	
Catch Fly Balls	2, 3	Catch Fly Balls	3	Catch Fly Balls	4	Competition	3	Competition	3	Competition	4
Skip	1	Skip	1, 2	Skip	4	Catch Fly Balls	5, 6	Catch Fly Balls	7, 8	Catch Fly Balls	8, 9
Lesson K-43		Lesson 1-43		Lesson 2-43		Lesson 3-43		Lesson 4-43		Lesson 5-43	
Catch Fly Balls	3	Catch Fly Balls	4	Catch Fly Balls	4	Skip	4-7	Arm/Shoulder Str.	4	Arm/Shoulder Str.	4
Skip	1, 2	Skip	2, 3	Skip	4, 5	Catch Fly Balls	5, 6, 7	Catch Fly Balls	7, 8	Catch Fly Balls	9
Lesson K-44		Lesson 1-44		Lesson 2-44		Lesson 3-44		Lesson 4-44		Lesson 5-44	
Skip	2, 3	Skip	4, 5	Skip	5, 6	Overhand Throw	1-5	Overhand Throw	5-7	Overhand Throw	7, 8
Overhand Throw	1	Overhand Throw	2	Overhand Throw	2						
Lesson K-45		Lesson 1-45		Lesson 2-45		Lesson 3-45		Lesson 4-45		Lesson 5-45	
Skip	3, 4	Skip	4, 5	Skip	7	Skip	7, 8	Hip Flexibility	4	Hip Flexibility	4
Overhand Throw	1, 2	Overhand Throw	2, 3	Overhand Throw	2, 3	Overhand Throw	4, 5	Overhand Throw	6, 7	Overhand Throw	7, 8
Lesson K-46		Lesson 1-46		Lesson 2-46		Lesson 3-46		Lesson 4-46		Lesson 5-46	
Overhand Throw	2	Overhand Throw	3	Overhand Throw	3, 4	Overhand Throw	5, 6	Overhand Throw	7, 8	Overhand Throw	8, 9
Aerobic Fitness	6	Aerobic Fitness	7	Aerobic Fitness	9	Hip Flexibility	6, 7	Ab/Low Back Str.	4	Ab/Low Back Str.	4
Hip Flexibility	4	Hip Flexibility	4	Hip Flexibility	4	Ab/Low Back Str.	1				
Lesson K-47		Lesson 1-47		Lesson 2-47		Lesson 3-47		Lesson 4-47		Lesson 5-47	
Overhand Throw	2, 3	Overhand Throw	3, 4	Overhand Throw	4	Batting	1-5	Batting	6-8	Batting	8, 9
Batting	1	Batting	1, 2	Batting	2, 3						
Lesson K-48		Lesson 1-48		Lesson 2-48		Lesson 3-48		Lesson 4-48		Lesson 5-48	
Batting	1, 2	Batting	2, 3	Batting	3, 4	Batting	5, 6	Batting	6, 7	Batting	8, 9
Horizontal Jump	1	Horizontal Jump	2, 3	Horizontal Jump	4, 5	Overhand Throw	6, 7	Overhand Throw	8	Overhand Throw	9
Lesson K-49		Lesson 1-49		Lesson 2-49		Lesson 3-49		Lesson 4-49		Lesson 5-49	
Batting	2, 3	Batting	3, 4	Batting	4, 5	Horizontal Jump	3-5	Horizontal Jump	4, 5	Horizontal Jump	5, 6
Horizontal Jump	1, 2	Horizontal Jump	3, 4, 5	Horizontal Jump	4-6	Batting	6, 7	Batting	7, 8	Batting	9
Lesson K-50		Lesson 1-50		Lesson 2-50		Lesson 3-50		Lesson 4-50		Lesson 5-50	
Batting	2, 3	Batting	3, 4	Batting	4, 5	Batting	7, 8	Batting	8, 9	Batting	10
Horizontal Jump	2, 3	Horizontal Jump	4, 5	Horizontal Jump	5, 6, 7	Horizontal Jump	5, 6	Horizontal Jump	5, 6	Horizontal Jump	6, 7
Lesson K-51		Lesson 1-51		Lesson 2-51		Lesson 3-51		Lesson 4-51		Lesson 5-51	
Horizontal Jump	2, 3, 4	Horizontal Jump	5, 6	Horizontal Jump	7	Aerobic Fitness	12	Aerobic Fitness	14	Aerobic Fitness	14
Aerobic Fitness	6	Aerobic Fitness	7	Aerobic Fitness	9						
Hip Flexibility	4	Hip Flexibility	4								

Table 5: EPEC Curricular Scope and Sequence Matrix—Term 4